



Équipe Santé Ontario Health Team
Ontario Bimaadzwin Niigaanwiwaad

2022 – THIRD QUARTER

As we enter the third quarter of this fiscal year, the Nipissing Wellness Ontario Health Team (NWOHT) continues to focus on the hard work and contributions of our membership. This edition of our Newsletter will provide important updates from across the NWOHT and introduce our newest Tri-Chair leadership team from our Collaboration Council. We hope you find our updates and most recent successes as exciting as we do.

UPDATES FROM ACROSS NWOHT...

Our Second Annual Partner Retreat was hosted Thursday, October 27th at The Village at Canadore College. We were pleased to provide an in-person event that connected members from our various organizations while also providing an option for members to join remotely via Zoom.

At this event, we discussed our successes to date and provided important updates from our various ongoing projects. We would like to provide take-aways from this event in this edition of our Newsletter in an effort to remain transparent and keep our Nipissing public informed and up to date.

SUCCESSES AND UPDATES

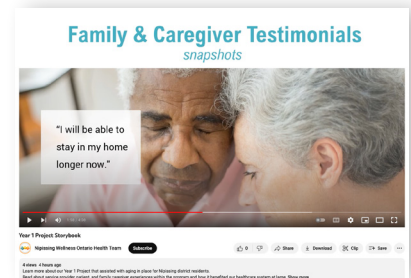
YEAR ONE PROJECT STORYBOOK

Our Year One Project focused on supporting aging adults in their homes through providing various homecare services.

Our project results are reported through statistical evidence demonstrated in our Year One Infographic. Check it out on our Facebook page.

In light of this project's importance in our district, we've created a secondary form of reporting. The Year One Project Storybook is on our YouTube channel.

The video contains narratives of those most impacted by the project – patients, family caregivers, and service providers.



OUR DIGITAL HEALTH TEAM

Our Digital Health Team is making strides to improve our overall system navigation. On Friday, September 23rd, we hosted a meeting for partners and providers to tell them about upcoming improvements.

- » support 24/7 navigation
- » facilitate online appointment booking
- » create digital tools for better information exchange
- » improve patient and provider experience



EQUITY COUNCIL

Our Equity Council has been working diligently to create an Equity Inclusion Diversity Anti-Racism Framework (EIDA-R) to help inform our efforts regarding underrepresented populations in our district. After months of hard work, we are thrilled to share our EIDA-R

Framework with you today. The document is shared below and can also be accessed on our website under Councils>Equity Council.

We encourage you to take a moment to read through this framework to reflect and consider the ways that you are making strides towards a healthier, safer, environment for equity-deserving populations in the Nipissing District.

Equity Inclusion Diversity Anti-Racism (EIDA-R) Framework
For Our Community
To create the change we wish to see



THE EQUITY RESOURCE CORNER

We must not ignore the many vital (and sometimes difficult) conversations surrounding equity in our district. At the Equity Council, our priority is to engage community members in these conversations. To that end, we're introducing this new regular newsletter item – The Equity Resource Corner.

Here, we'll provide resources to deepen your understanding of equity, inclusion, diversity, and what it means to be anti-racist.

For effective communication, it's important that we have a common base of understanding. To ensure we are 'speaking the same language', we're directing you to the Glossary of Essential Health Equity Terms. The National Collaborating Centre for Determinants of Health developed this great resource.

Please, take some time to read this important document. Even if you're familiar with these terms, take a moment to read the definitions provided. [NCCDH.CA/LEARN/GLOSSARY/](https://nccdh.ca/learn/glossary/)

Not only is the glossary well defined, there is an accompanying list of resources for each term. The site provides opportunities for some very deep learning.

Also, if you're a current member, this is a reminder that you are very welcome to join Equity Council meetings. If you'd like to get involved, let us know. If you have feedback or suggestions for future Equity Resource Corner pieces, email us – info@nipissingwellness.ca.

GLOSSARY OF ESSENTIAL HEALTH EQUITY TERMS

KEY CONCEPTS

These terms represent how health is shaped and determined by structural and social forces, environments that surround individuals, families, groups, and communities. Health • Population health • Health equity • Health inequity • Health disparity

ROOTS OF HEALTH

These concepts name the structural and social forces that are at the root of population, public, community, and individual health outcomes. Social determinants of health • Structural determinants of health • Intersectionality • Racism • Marginalization • Vulnerability

RELATIVE INFLUENCES

These conditions describe the relative ways to consider both approaches to and outcomes of the roots of health. Advantage/disadvantage • Privilege • Oppression • Assets/Deficits • Protective factors/conditions • Risk factors/conditions • Social inclusion, Social exclusion

INTERVENTIONS & STRATEGIES

These approaches intend to indicate courses of action and levels of impact for action on the structural and social forces that determine population health equity. Upstream • Midstream • Downstream • Levelling up • Closing the health gap • Proportionate universalism • Targeted universalism • Advocacy • Community engagement • Decolonization • Asset-based approach • Deficit-based approach • Health in all policy • Intersectoral action • Movement-building

MEET OUR TRI-CHAIRS



JAYMIE-LYNN BLANCHARD

I have more than 15 years nursing experience in Acute Care, Long-Term Care, Public Health and Primary Care. For the last seven years, I've worked at the

North Bay Nurse Practitioner Led Clinic – serving as Clinic Director for the last five years. Working across health care sectors, I see the impact an efficient system can have on patients, loved ones, and health outcomes.

Seamless, fair, coordinated, and integrated quality health care can change lives.

The Nipissing Wellness Ontario Health Team (NWOHT) can increase the health and wellness of our whole community. We can also improve the experience of health care providers. As an active nurse practitioner, this is especially vital to me.

I'm a member of the Physician and Nurse Practitioner Clinical Council and one of three Collaboration Council Chairs. I'm

also involved in other NWOHT projects such as: health system co-design, alignment of systems, community and partner priorities. These engagements provide opportunities for me to contribute my experience as I work with key stakeholder to improve health system navigation for local health system users, providers and leaders. I'm passionate about making the best possible use of our resources. We must make good decisions for our community – the people we serve. Sometimes, it's that simple.

I look forward to continuing this important work with my primary care colleagues and other NWOHT members. I invite you to consider how you too can offer your input in this effort.



DR. ANTHONY GIORDANO

I've been a family doctor at the Northern Shores Medical Clinic in North Bay since graduating in 2017. I provide community and acute inpatient care at the North Bay Regional Health Centre.

In 2019, I became involved with the Nipissing Wellness Ontario Health Team (NWOHT). As of March, 2022, I'm one of three Collaboration Council Chairs and on the Physician and Nurse Practitioner Clinical Council.

As NWOHT members, we work together to unite the many care providers in our community.

We aim to create a system that provides more integrated health care for everyone in the region.

By respecting and listening to providers, system organizers can help to build safe, effective and equitable health care.

Achieving the improvements we all want to see requires change – new ideas, connections and methods.

I'm excited to work with my colleagues to create new ways of providing care to the patients, families and caregivers that depend on us.

I've had a diverse professional career – teaching, learning, exploring health and community partnerships, and leading system and research collaborations. I've also engaged in a wide spectrum of professional learning (provincially and internationally) spanning early learning to post-secondary education.

Now, I bring all my experiences to the Nipissing Wellness Ontario Health Team (NWOHT). I serve:

- » Patient Family Caregiver Council
- » Co-chair Working Groups
- » Variety of Councils
- » Provincial projects
- » One of three Collaboration Council Chairs

My focus is on healthy living and wellness in step with nature. I've seen how important it is to invite different perspectives and listen for vulnerable voices. Through active listening, we can improve how we communicate, provide care, navigate, nurture and advocate for all members of our community.

I am optimistic. Being open to new ideas, we'll come to a better path forward.

I'm confident. Thinking creatively, collaborating and challenging the status quo, we'll find innovative ways to share resources and strategies.

I'm dedicated to sharing caregiver and patient perspectives in decision-making conversations.



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I am excited. Together with my colleagues and full partnership, we'll create a sustainable, locally-developed approach to person-centred, integrated health care – the heart of the Nipissing Wellness Ontario Health Team.

WEBSITE REFRESH

We've begun working on a website refresh to update and clarify information posted on our site. Our goal is to improve the overall functionality and accessibility of the content.

Over the next few months, we'll connect with our partners to update their information and understand what web changes/additions would most benefit their constituents.

Updates keep us relevant and increase public understanding of NWOHT activity.

NIPISSINGWELLNESS.CA

