



Équipe Santé Ontario Health Team
Ontario Bimaadzwin Niigaanwiwaad

2022 – FIRST QUARTER

The Nipissing Wellness Ontario Health Team [NWOHT] partners are focused on unified health and social services, centered around patients, families and caregivers.

Our growing list of partners continue to prioritize the need to work collaboratively to address our population's health issues, despite the ongoing challenges of the pandemic.

We're excited about heading into 2022 with a number of new and advanced projects.

WHAT WE'RE WORKING ON...

- » helping seniors stay in their own homes longer – a year one project that's going well
- » expanding use of social media to reach more local people
- » continuing to grow our website as the primary point of contact for patients, families, caregivers and interested colleagues across the province
- » launching the Nipissing Clinical Association – a place for regional care providers to discuss concerns, questions and ideas
- » getting primary care providers the digital tools they need to support and enhance their use of Electronic Medical Records [EMR]

- » reaching out to potential new Nipissing Wellness OHT partners
- » expanding our Patient and Family-Centred Care through community outreach

Our Patient, Family and Caregiver Council [PFCC] members are part of a provincial project to build training to help NWOHT and our partners co-design health care options with patients, families and caregivers.

- » working with the Registered Nursing Association of Ontario [RNAO] to become a Best Practice Spotlight Organization – Ontario Health Team
- » supporting provincial development of digital navigation tools and making sure our region benefits from the work



FROM THE DESK OF WENDY

“ Health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity. The enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition. ”

WHO – World Health Organization 2021

Welcome 2022! We’ve begun another year amid the ongoing wrath of the COVID pandemic. It has heightened global recognition of the value of health - and good health care.

The Nipissing Wellness Ontario Health Team [NWOHT] started the year by developing our 2022-24 strategic direction and related work plan. We’ll be launching our year-long

Community Wellness campaign soon. This is a communication program to highlight health and social issues. We want to give people a chance to get involved, share their experiences and knowledge with others in the community.

We’re growing our social media presence to connect the community with our partner’s activities and projects.

Our work is centered on the needs and wishes of the patients, family members and caregivers we serve. NWOHT’s main goal is to bring partners together to improve health and social services across our region. We all look forward to working alongside the people who call Nipissing home in 2022.

Happy New Year,
Bonne Année

HELPING PATIENTS

NWOHT has big goals for new ways to support patients, starting with ideas for older adults who want to stay in their homes longer, safer and healthier. These people may have, or be at risk for, worsening health issues. It’s important that they and their caregivers have their voices heard when it comes to health care in Ontario. Our focus is on helping this group address

unique challenges here in the North. We’ll share more as this project develops and our work flourishes. Stay tuned!

CONNECTING HEALTHCARE

The province is working to learn about available healthcare services and resources to better connect patients with what they need. NWOHT is supporting this work, providing information

about local walk-in clinics, physiotherapy offices, home care, x-ray services, etc. We’re looking at how easy (or difficult) it is for community members and medical professionals to find or use these services. The goal is to create a 24/7 Navigation System that allows Ontario residents to easily access health care, no matter where they live. Send us your ideas, concerns or feedback by email:

INFO@NIPISSINGWELLNESS.CA

COMMUNICATIONS UPDATE FROM CARMEN

Hi! My name is Carmen Meyette. I'm the Communications and Administrative Lead at NWOHT. I'm excited to start 2022 with the launch of our social media [LinkedIn, Facebook, Twitter and YouTube], which will help us reach many more people.

The community is at the heart of everything we do, which is why I'm looking forward to receiving direct feedback from the public on social media.

Our goal is to help, by giving useful insights, or information, wherever we can. We'll also provide ways for the community to give us information and make sure that questions or complaints go to the people who can respond. We all want to continue to grow and improve.

The Community Wellness campaign is also going to bring more voices to the discussion of good health care. It will help us develop programs that answer real needs. We'll be discussing big health topics and adding our own local flavour.

You may have seen a few national health-related campaigns, like Bell "Let's Talk" Day and Alzheimer's Awareness. NWOHT's Community Wellness will look at broad, large-scale themes that dominate social media.

We'll partner with local groups to foster community-focussed content. I'm also hoping to work with our partner organizations to showcase some of their wonderful campaigns, events and work!



Feedback from partners and users has helped us to add more information and contacts to the NWOHT website. We want it to be a place where community members can find who to reach out to for help and how to do it.

Thank you for joining us, for being a part of our community and for supporting NWOHT as we grow.

YOU ARE INVITED TO JOIN THE PATIENT FAMILY CAREGIVER COUNCIL

We are looking for community members to volunteer for our Patient Family Caregiver Council! We would love to have you join us in the co-design of the future of healthcare.

If you are interested please visit the website and fill out expression of interest, or email us:

[NIPISSINGWELLNESS.CA](https://www.nipissingwellness.ca)

INFO@NIPISSINGWELLNESS.CA



MEET OUR PARTNERS

Nipissing Wellness OHT is always welcoming new partners from our community to collaboratively organize and deliver care that is more connected to patients locally. Under Ontario Health Teams, healthcare providers [including hospitals, doctors, mental health agencies, home and community care providers] work as one coordinated team – no matter where they provide care. If you or your organization are interested in joining and need more information, please contact us: INFO@NIPISSINGWELLNESS.CA

Alzheimer Society, Sudbury-Manitoulin, North Bay & Districts

Au Château Home for the Aged West Nipissing

Autumnwood Community Care Inc.

Blue Sky Family Health Organization

Canadian Mental Health Association – North Bay and District

Canadore College

CarePartners
[8262900 Canada Inc.]

Cassellholme Community Support Services

Cassellholme, East Nipissing Home for the Aged

Castle Arms, Non Profit Seniors Housing

Centre de santé communautaire de Nipissing Ouest / West Nipissing Community Health Centre

Community Counselling Centre of Nipissing

CTS Canadian Career College

District of Nipissing Social Services Administration Board

Eastholme, Home for the Aged, East District of Parry Sound

Empire Living Centre Inc.

Hands

Nipissing First Nation [NFN]

Nipissing Serenity Hospice

North Bay Indigenous Hub [NBIH]

North Bay Nurse Practitioner-Led Clinic [NBNPLC]

North Bay Police Service

One Kids Place Children's Treatment Centre [OKP]

Powassan and Area Family Health Team

Réseau du mieux-être franco-ophone du Nord de l'Ontario

Sienna Senior Living Operating Waters Edge Care Community

The Alliance Centre

The Sisters of St. Joseph of Sault Ste Marie

VON [Ontario Branch]

West Nipissing General Hospital

West Nipissing Ouest Family Health Team/Équipe de santé familiale

Wirta Home Ltd. Home Instead, Senior Care

WELCOME TO OUR NEWEST PARTNERS

Near North District School Board

Nipissing University

North East Specialized Geriatric Centre [NESGC]

ParaMed/Extendicare



NIPISSINGWELLNESS.CA

INFO@NIPISSINGWELLNESS.CA

