



# NWOHT

NIPISSING WELLNESS  
ONTARIO HEALTH TEAM

## SUMMER SUMMARY

The Nipissing Wellness Ontario Health Team [NWOHT] partners are focused on unified health and social services, centered around patients, families and caregivers.

Our 30+ partners continue to prioritize the need to work collaboratively to address our population health issues, despite the ongoing challenges of the pandemic.

Some of the progress we made over the summer months:

- » developing our Patient, Family and Caregiver Council
- » examining gaps in service for our vulnerable seniors
- » implementing digital services within primary care

## INTRODUCING... EXECUTIVE LEAD

In June our members recognized that in order to keep our momentum, we needed a staff lead to focus on strategy, guide our transformation and build staff to support our efforts.

We are pleased to introduce our first NWOHT Executive Lead – Wendy Smith.

Wendy brings a wealth of knowledge, experience, and passion to our Ontario Health Team. She served as the President of the Ontario Physiotherapy Association [OPA] where she worked with colleagues and OPA staff to advocate for access to rehabilitative services for patients across the province. As a Physiotherapist she truly understands, appreciates, and is committed to place the needs of her patients first. She also recognizes the importance of wrapping services around the patient and the value families and caregivers bring to the healing/wellness process.



## TASK GROUPS

Over the month of August, we have collectively worked to form task groups that will pull together information from previous planning sessions to understand issues with current transitions in care.

These task groups will focus on our year one target population, our vulnerable seniors, and look for opportunities where we can implement change to enhance care across the region.

The work will focus on our current regional strengths and leverage OHT PRCC, partners and affiliates to co-design a more integrated and coordinated system that improves care experiences for this group of patients, reduces demand on hospital-based services and improves experiences of care providers connected in the care pathways.



## DIGITAL HEALTH TEAM

Our digital health working group have also been busy! This group identified tools that would assist our primary care providers with elements of their daily practices and worked to implement these services in offices across the region. On behalf of the Nipissing Wellness OHT, this group has strategized and developed a Harmonized

Information Management Plan [HIMP] showing the ministry our growing intentions over the next couple of years.

**HARMONIZED  
INFORMATION  
MANAGEMENT  
PLAN [HIMP]**



# PATIENT, FAMILY, CAREGIVER COUNCIL

## PATIENT ENGAGEMENT STRATEGY

Our Patient, Family, Caregiver Council [PFCC], have established their Patient Engagement Strategy that will be published on our website this September, showcasing their plan to reach the community, providing an

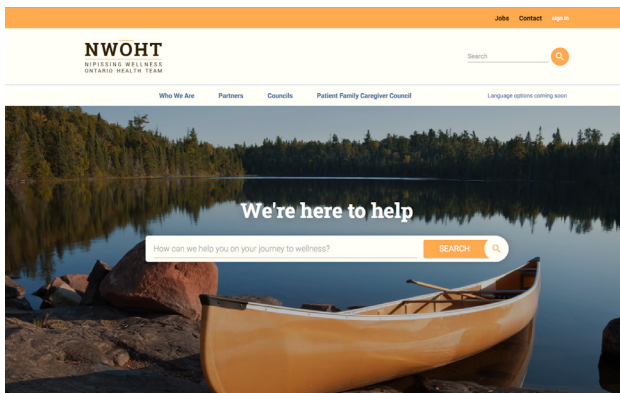
avenue for all residents to participate and engage in improving our regional healthcare and social system.

This group of outstanding community members, led by Tammy

Adjoudj and Lotje Hives, were welcomed to the Provincial Led Forum to present their PFCC development journey. Their work was shared with all other OHTs in the province as guidelines for best practice.

## STAY UP-TO-DATE

### NIPISSINGWELLNESS.CA



### A personal note from Wendy Smith...

*I am privileged to be part of this community and to be working with the NWOHT partners. Together, we are on a journey to a destination of wellness. Please drop by the website regularly to see updates and opportunities for your voice to be heard [nipissingwellness.ca](http://nipissingwellness.ca).*

*We are strong together. We can achieve our vision of unified, caring health and social services centered around patient, family and caregivers.*

*Thank you! Merci! Miigwech!*

*If you know someone who would like to receive our e-newsletter, direct them to the website. There's a link on the bottom of each page. We love to hear from you. Send your feedback to: [info@nipissingwellness.ca](mailto:info@nipissingwellness.ca)*

## MEETING CHALLENGES – TOGETHER

As our team looks toward the last half of this fiscal year, we are eager to put our plans into action, engage with more community members and truly build a community collaborative approach to achieve our vision of “unified caring health and social services centred around patients, families, and caregivers.” There is much to look forward to in the next few months.

Stay Safe!

Jamie Lowery and Dr. Paul Preston

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Co-chairs:

Dr. Paul Preston and Jamie Lowery

For more information, contact:  
[info@nipissingwellness.ca](mailto:info@nipissingwellness.ca)